

INDIA'S LEADING FITNESS EQUIPMENT BRAND

**BUYER'S GUIDE
2025**



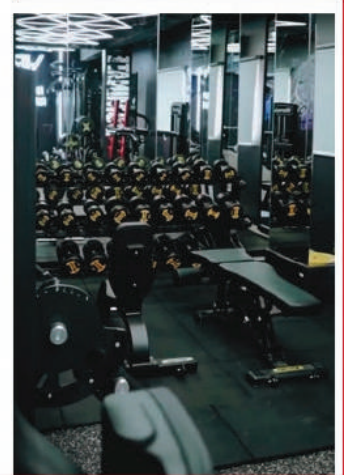
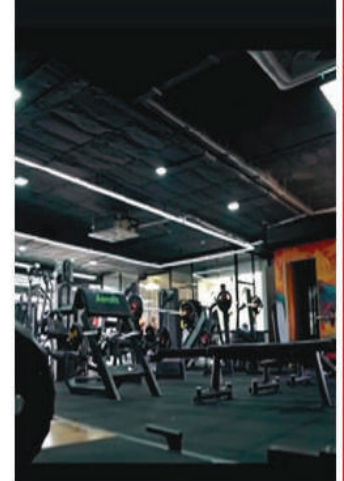
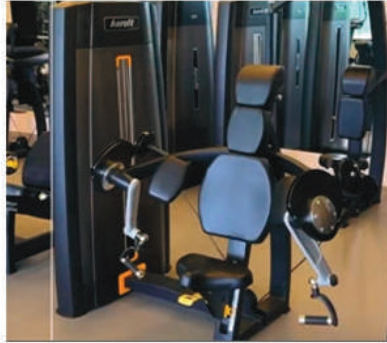
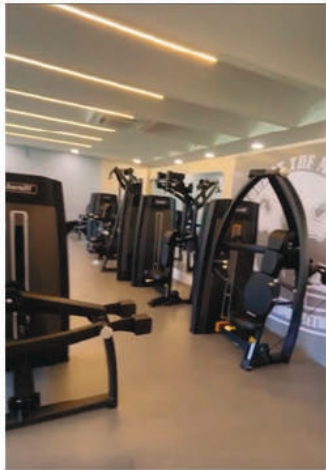
About Us

What started as a mere dream has transformed into one of the leading names in fitness across the country. Everise Fitness began as a passion project aimed at bringing world-class fitness solutions to India. It all began in a modest 10 marla setup, but such has been our journey that we now boast a production facility spread across an expensive 2-acre land where a plethora of fitness products are fabricated daily.

At Everise Fitness, we are not just here to sell fitness equipment, we're here to make our mark by revolutionizing the Indian fitness industry. With our innovatively designed equipment, we blend cutting-edge technology with a deep understanding of the unique needs of fitness enthusiasts in India.

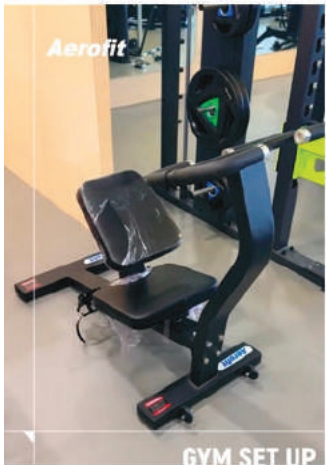
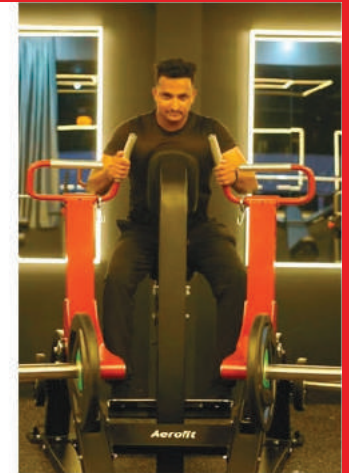
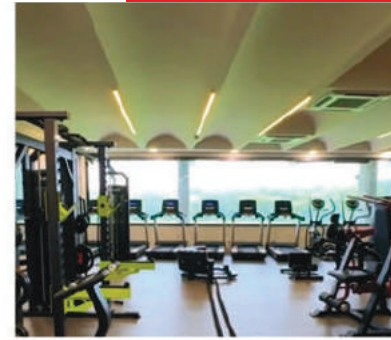
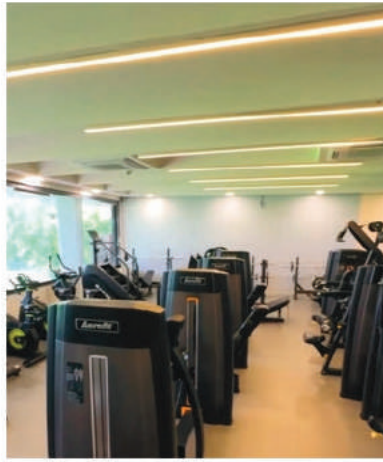
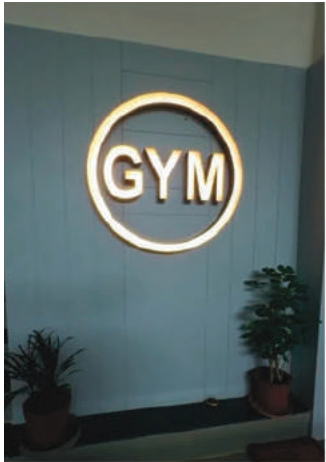
Our wide range of strength equipment caters to both commercial and home use. Precision, performance, and versatility are the key ingredients behind our success in creating the perfect gym products for the Indian market. Whether you're a seasoned professional or a beginner, a hardcore fitness enthusiast or someone looking to get started, someone looking to upgrade their existing gym setup or someone looking to establish a new one, we have something for everyone!

GYM INSTALLATION



GYM INSTALLATION

EVERISE[®]
FITNESS



EVOLUTION

SERIES





PRONE LEG CURL

DIMENSION:

Length : 152cm
Width : 99cm
Height : 135cm
Weight Stack : 80 Kgs

Prone leg curl is an exercise machine to strengthen the hamstring muscles. This machine offers a divergent angled seat to reduce strain on the lower back. It provides a variable cam resistance over the full range of motion (ROM) and the pivot points are placed precisely at the knee level for biomechanically correct movements and the adjustable foot rollers to adapt to different users. This machine provides a maximum weight of up to 200 lbs.

SEATED LEG CURL

DIMENSION:

Length : 165cm
Width : 94cm
Height : 135cm
Weight Stack : 80 Kgs

The Seated Leg Curl is designed to target and strengthen the hamstring muscles by allowing users to perform controlled leg curl movements from a seated position. Its ergonomic design supports proper body alignment, reducing stress on the lower back while isolating the hamstrings for maximum effectiveness.



LEG EXTENSION

DIMENSION:

Length : 130cm
Width : 99cm
Height : 135cm
Weight Stack : 100 Kgs

Leg Extension is a compound strength training machine that offers an angled seat to isolate the quadriceps muscles, Its pivot points are placed precisely parallel to the knee for biomechanically correct movements and its adjustable foot rollers to adapt to different users. It provides a maximum weight of up to 165 lbs.

SEATED LEG EXTENSION/LEG CURL COMBO

DIMENSION:

Length : 185cm
Width : 122cm
Height : 132cm
Weight : 100kgs

The Seated Leg Extension/Leg Curl Combo Machine is a dual-function lower body training machine designed to target the quadriceps and hamstrings effectively. This versatile unit allows users to perform both leg extensions and seated leg curls by simply adjusting the backrest and footpad position, making it ideal for space-saving setups in home gyms or commercial fitness centers.





COMING SOON

LEG EXTENSION PRONE LEG CURL COMBO

DIMENSION:

Length : 00
Width : 00
Height : 00
Weight Stack : 00

This is a dual-function gym machine designed to target both the quadriceps and hamstrings with precision and efficiency. It is ideal for saving space in home gyms or commercial setups, offering two key lower body exercises in one unit. It features adjustable pads, smooth motion mechanics, and ergonomic support for safe and effective leg training.

SEATED LEG PRESS

DIMENSION:

Length : 190cm
Width : 110cm
Height : 162cm
Weight Stack : 100 Kgs

The Seated Leg Press is a powerful lower-body strength training machine designed to target the quadriceps, hamstrings, glutes, and calves with controlled resistance. By adjusting the weight stack or plates, it accommodates all fitness levels, from beginners to advanced lifters.





ADDUCTOR / ABDUCTOR COMBO

DIMENSION:

Length : 155cm
Width : 90cm
Height : 162cm
Weight Stack : 80

Adductor/Abductor combo can be used to isolate both your adductors and abductors depending on the exercise chosen. With a simple adjustment, users can switch between exercises, making it efficient for full hip and thigh engagement.



COMING SOON

REAR KICK

DIMENSION:

Length : 00cm
Width : 00cm
Height : 00cm
Weight Stack : 00cm

This machine is designed to target and strengthen the gluteal muscles, hamstrings, and lower body. This machine allows users to perform controlled rear leg extensions, mimicking the motion of a powerful backward kick. Typically used in standing or kneeling positions (depending on the design), the user places one foot on a platform or footpad and pushes backward in a kicking motion against resistance.



LATERAL RAISE / VERTICAL PEC FLY

DIMENSION:

Length : 147 cms
Width : 102 cms
Height : 208 cms
Weight Stack : 100 Kgs

This versatile strength training equipment is designed to target the shoulder and chest muscles effectively. The Lateral Raise function isolates the deltoids, helping in building broader, sculpted shoulders, while the Vertical Pec Fly function focuses on the pectoral muscles, enhancing chest definition and strength.

SHOULDER PRESS

DIMENSION:

Length : 185cm
Width : 122cm
Height : 132cm
Weight Stack : 80 Kgs



The Shoulder Press machine is designed to isolate and strengthen the shoulder muscles effectively. With its angled handles, users can perform both unilateral and bilateral movements, providing versatility in their workout routine. This allows for targeted engagement of the shoulder muscles from various angles, promoting balanced muscle development and overall shoulder strength.



PEC FLY REAR DELT

DIMENSION:

Length : 130 cms
Width : 76 cms
Height : 208 cms
Weight Stack: 00

The overhead floating pivot creates a biomechanically correct motion. The range -of-motion (ROM) components allow exercising in various ranges. Dual hand grips allow both chest and deltoid exercises. The Everise Fitness Pec Fly/Rear Delt provides a maximum weight of up to 220 lbs.

CHEST PRESS

DIMENSION:

Length : 132cm
Width : 130cm
Height : 135cm
Weight Stack: 100 Kgs

The Chest Press is designed to target and strengthen the muscles in the chest, shoulders, and arms. Its vertical orientation allows users to perform the exercise in a controlled and stable manner. The ergonomic design of the machine ensures proper alignment and support during each repetition, reducing the risk of injury while maximizing muscle engagement.





INCLINE CHEST PRESS

DIMENSION:

Length : 185 cms
Width : 122 cms
Height : 132 cms
Weight Stack : 100 Kgs

The Incline Chest Press features multiple seat and backrest adjustments to accommodate a wide range of users. The converging movement of the arms provides a good contraction for the upper chest. This machine helps build upper chest strength and improve muscle definition with reduced risk of injury.

MULTIPRESS

DIMENSION:

Length : 200cm
Width : 135cm
Height : 162cm
Weight Stack : 100 Kgs

The Multi Press machine is a versatile strength training machine designed to target multiple upper body muscles, primarily the chest, shoulders, and triceps. It typically features adjustable settings that allow users to perform various pressing movements such as bench press, incline press, and shoulder press.





DIP CHIN ASSIST

DIMENSION:

Length : 185 cms
Width : 122 cms
Height : 132 cms
Weight Stack : 100 Kgs

The Dip Chin Assist machine is designed to help users perform dips and chin-ups with adjustable counterweight assistance, making it ideal for beginners and advanced athletes alike. It supports upper body development by targeting muscles in the chest, triceps, shoulders, back, and biceps.



BICEP/TRICEP

DIMENSION:

Length : 119cm
Width : 89cm
Height : 135cm
Weight Stack : 80 Kgs

The Bicep/Tricep machine is a multifunctional piece of gym equipment designed to strengthen and shape the upper arms with precision. Featuring an ergonomic seat and adjustable settings, it provides a comfortable training experience while allowing users to perform both curling and extension movements for targeted activation of the biceps and triceps.



BICEP CURL

DIMENSION:

Length : 119cm
Width : 89cm
Height : 135cm
Weight Stack: 80 Kgs

A flat arm pad allows for a comfortable workout. It makes sure that the elbows are aligned in order to reduce joint compression. A unique pivot points allows the user flexibility in defining and maintaining the movement path. The Everise Fitness Bicep Curl provides a maximum weight of up to 165 lbs.



LONG PULL

DIMENSION:

Length : 282cm
Width : 109cm
Height : 236cm
Weight Stack: 100 Kgs

Large seat and footplate provides better range and lower body stabilization. The unique design allows the use of long and short bars/ handles in order to achieve excellent and effective back exercise. The Everise Fitness Long Pull Row provides a maximum weight of up to 220 lbs.



VERTICAL ROW

DIMENSION:

Length : 155 cms
Width : 132 cms
Height : 160 cms
Weight Stack : 100 Kgs

The Vertical Row is a versatile exercise equipment that offers dual hand grips to target different muscles in the back. This machine offers an adjustable chest pad to provide support and helps the user maintain their form, and it offers a weight stack of up to 100Kgs, making it an ideal choice for a diverse range of users.



COMING SOON

VERTICAL ROW/ DUAL PULLEY

DIMENSION:

Length : 282cm
Width : 109cm
Height : 236cm
Weight Stack : 100 Kgs

The Vertical Row/Dual Pulley machine is a versatile strength training equipment designed to target the upper back, shoulders, and arms with precision and control. Built with a dual pulley system, it allows for smooth and balanced motion, enabling users to train each side independently for improved muscle symmetry and strength.



LAT PULL DOWN

DIMENSION:

Length : 157 cms
Width : 102 cms
Height : 234 cms
Weight Stack : 100 Kgs.

The Lat Pulldown is a strength training equipment designed to target the back muscles, primarily the latissimus dorsi, along with the biceps and shoulders. It features a high pulley system with an adjustable seat and thigh pads to provide stability during the exercise. Users can perform controlled downward pulls using various grip options, enabling both wide and close grip variations to engage different muscle fibers.



LAT PULL DOWN (DUAL PULLEY)

DIMENSION:

Length : 157 cms
Width : 102 cms
Height : 229 cms
Weight Stack : 100 Kgs.

The Lat Pull Down (Dual Pulley) is a powerful machine built to strengthen your back, shoulders, and arms. Its dual pulley system ensures smooth, even motion on both sides, letting you work each arm independently for better balance and strength. The adjustable seat and thigh pads make it comfortable for all body types while keeping your form correct.



COMING SOON

LAT PULL / VERTICAL ROW

DIMENSION:

Length : 155 cms
Width : 132 cms
Height : 160 cms
Weight Stack : 100 Kgs

The Lat Pull / Vertical Row machine is designed to target the upper back, shoulders, and arms with precision, offering a smooth, controlled range of motion for every pull. Its dual pulley system ensures balanced resistance and fluid movement, while the adjustable seat and chest pad accommodate users of different heights and body types for optimal posture and comfort.

LAT PULL VERTICAL ROW (DUAL PULLEY)

DIMENSION:

Length : 00 cms
Width : 00 cms
Height : 00cms
Weight Stack: 00 Kgs.

The Lat Pull Vertical Row (Dual Pulley) is a versatile strength training machine designed to target your back, shoulders, and arms. Equipped with a dual pulley system, it allows for smooth, balanced motion during both lat pulldown and vertical rowing exercises. The independent pulley setup enables unilateral training, letting you work each arm separately to correct strength imbalances.



COMING SOON



COMING SOON

FUNCTIONAL TRAINER

DIMENSION:

Length : 00 cms
Width : 00cms
Height : 00cms
Weight Stack : 00 Kgs

The Functional Trainer is a versatile, full-body strength training machine designed for dynamic workouts that target multiple muscle groups. Equipped with dual adjustable pulleys, it allows for smooth, unrestricted motion in a wide range of exercises, from cable crossovers and chest presses to rows and functional movements that mimic real-life activities.

CABLE CROSS OVER

DIMENSION:

Length : 282cm
Width : 109cm
Height : 236cm
Weight Stack : 100 Kgs

The Cable Crossover machine is a versatile piece of gym equipment designed for strength training and muscle isolation, particularly targeting the chest, shoulders, and arms. It features two adjustable pulleys on either side, allowing users to perform a wide range of exercises with varying angles and resistance levels.



GORILLA GRIPPER

DIMENSION:

Length : 76 cms
Width : 76 cms
Height : 76 cms
Weight Stack: 50 Kgs

The Gorilla Gripper is a premium hand and forearm strength training tool designed to enhance grip power, endurance, and overall hand dexterity. Built with durable, high-quality materials, it features an adjustable tension mechanism that allows users to progressively increase resistance, catering to beginners and advanced athletes alike.

ROBO ARM

DIMENSION:

Length : 282cm
Width : 109cm
Height : 236cm
Weight Stack: 100 Kgs



The Robo Arm is an advanced strength training machine designed to isolate and target your biceps and triceps with precision. Its ergonomic design ensures proper arm positioning, while the adjustable resistance system accommodates all fitness levels. Built with high-quality materials, the Robo Arm delivers smooth, consistent motion for safe and effective workouts.

DYNAMIC SERIES





PRONE LEG CURL

DIMENSION:

Length : 170 cms
Width : 112 cms
Height : 142 cms
Weight Stack : 220kgs

The divergent angled seat boards isolate the hamstrings and reduce strain on the lower back. There is variable cam resistance over full range of motion (ROM). The pivot points are placed precisely at the knee level for biomechanically correct movements. Adjustable foot rollers adapt to all leg lengths. The Everise Fitness Prone Leg Curl provides a maximum weight of up to 220 kgs.



SEATED LEG CURL

DIMENSION:

Length : 122 cms
Width : 91 cms
Height : 147 cms
Weight Stack:000

There is variable cam resistance over full range of motion (ROM) along with easy axis alignment for a biomechanically correct position. The adjustable thigh pad stabilizes the legs for isolation of hamstrings. The Everise Fitness Seated Leg Curl provides a maximum weight of up to 220 lbs.

LEG EXTENSION

DIMENSION:

Length : 142 cms

Width : 112 cms

Height : 142 cms

The seat is angled to isolate the quadriceps muscles. Pivot points are placed precisely parallel to the knee for biomechanically correct movements. Adjustable foot rollers adapt to all leg lengths. The Everise Fitness Leg Extension provides a maximum weight of up to 220 lbs.



LEG EXTENSION / LEG CURL COMBO

DIMENSION:

Length : 00

Width : 00

Height : 00

The Leg Extension / Leg Curl Combo is a versatile lower-body strength training machine designed to target both the quadriceps and hamstrings in a single station. Its dual-function design allows users to seamlessly switch between leg extensions, which isolate and strengthen the quads, and leg curls, which focus on the hamstrings.





COMING SOON

SEATED LEG PRESS

DIMENSION:

Length : 00

Width : 00

Height : 00

The Seated Leg Press is a popular gym machine designed to target the lower body muscles, especially the quadriceps, hamstrings, glutes, and calves. Users sit in a reclined position with their feet placed on a platform and push the platform away by extending their legs, then return to the starting position in a controlled motion.

ADDUCTOR / ABDUCTOR COMBO

DIMENSION:

Length : 00

Width : 00

Height : 00

The Adductor/Abductor Combo is a dual-function gym machine designed to target the inner and outer thigh muscles. The machine typically features an adjustable seat and rotating leg pads, making it easy to switch between both movements.





REAR KICK

DIMENSION:

Length : 00

Width : 00

Height : 00

A Rear Kick is designed to target and strengthen the glutes, hamstrings, and lower body muscles. Users perform a backward kicking motion against resistance, mimicking a natural glute kickback. It's ideal for isolating the glute muscles and enhancing lower body power and tone.

SHOULDER PRESS

DIMENSION:

Length : 203 cms

Width : 147 cms

Height : 142 cms

The Shoulder Press machine is designed to target and strengthen the shoulder muscles, particularly the deltoids, as well as the triceps and upper chest. The machine provides guided movement and adjustable resistance, making it a safe and effective option for building upper body strength.





COMING SOON

PEC FLY REAR DELT

DIMENSION:

Length: 130 cms

Width: 76 cms

Height: 208 cms

The overhead floating pivot creates a biomechanically correct motion. The range -of-motion (ROM) components allow exercising in various ranges. Dual hand grips allow both chest and deltoid exercises. The Everise Fitness Pec Fly/Rear Delt provides a maximum weight of up to 220 lbs.

CHEST PRESS

DIMENSION:

Length: 00cms

Width: 00 cms

Height: 00cms

The Chest Press machine is a strength training equipment designed to target the pectoral muscles (chest), along with the triceps and deltoids (shoulders). It mimics the motion of a bench press but offers more control and stability, making it ideal for both beginners and advanced users.





COMING SOON

INCLINE CHEST PRESS

DIMENSION:

Length : 00cms
Width : 00ms
Height : 00 cms

This machine is designed to target the upper portion of the pectoral muscles, along with the shoulders and triceps. By positioning the user at an inclined angle, this machine mimics the movement of an incline bench press but provides better stability and support.

MULTIPRESS

DIMENSION:

Length : 203 cms
Width : 152 cms
Height : 142 cms

The Multi Press features 3 exercises: Bench Press, Incline Press and Shoulder Press. Both the machine arm and seat are adjustable for each exercise. Multiple hand grips make it easy to find a comfortable starting position. The ergonomically padded seat and backrest provide comfort during intense workouts, while the compact, sturdy frame makes it ideal for both commercial gyms and home fitness spaces.





COMING SOON

BICEP CURL

DIMENSION:

Length : 122 cms
Width : 91 cms
Height : 147 cms

A flat arm pad allows for a comfortable workout. It makes sure that the elbows are aligned in order to reduce joint compression. A unique pivot points allows the user flexibility in defining and maintaining the movement path. The Everise Fitness Bicep Curl provides a maximum weight of up to 165 lbs.



COMING SOON

LONG PULL

DIMENSION:

Length : 00 cms
Width : 00cms
Height : 00 cms

The Long Pull machine, also known as the Seated Row, is a strength training gym equipment designed to target the upper back, shoulders, and arms. This machine helps improve posture, back strength, and overall upper body muscle development.

LAT PULL DOWN

DIMENSION:

Length : 157 cms

Width : 102 cms

Height : 234 cms

The leg lock is adjustable to make a comfortable sitting positing for an effective workout. Dual strap grips and pull-down bars can be used for isolateral & bilateral movements respectively. The Everise Fitness Lat Pull Down provides a maximum weight of up to 220 kgs.



LAT PULL / VERTICAL ROW

DIMENSION:

Length : 213 cms

Width : 102 cms

Height : 229 cms

This dual-function machine is designed to target your upper body, especially the back muscles and targets the middle back, rhomboids, and rear delts, simulating a rowing movement. With adjustable resistance and handles, it provides a controlled and effective way to build upper body strength.





FUNCTIONAL TRAINER

DIMENSION:

Length: 00 cms

Width: 00 cms

Height: 00 cms

A Functional Trainer is a versatile piece of gym equipment designed for full-body strength training using adjustable pulleys and cables. It allows users to perform a wide range of exercises that mimic natural movement patterns, improving strength, stability, and coordination.

CABLE CROSS OVER

DIMENSION:

Length: 00 cms

Width: 00 cms

Height: 00 cms

The Cable Cross Over is a strength training machine designed for isolation and functional movements, primarily targeting the chest, shoulders, and arms. It features two adjustable pulleys on either side connected to ergonomic weight stacks via cables.





COMING SOON

FUNCTIONAL TRAINER / SMITH MACHINE (COUNTER BALANCED)

DIMENSION:

Length : 00 cms

Width : 00 cms

Height : 00 cms

This versatile gym equipment combines a functional trainer and a Smith machine into one unit, offering a full-body workout solution. The functional trainer features dual adjustable pulleys for performing a wide range of cable exercises, while the Smith machine provides guided barbell movements with added safety through its counterbalanced system.



COMING SOON

FUNCTIONAL TRAINER / SMITH MACHINE (WITHOUT COUNTER BALANCE)

DIMENSION:

Length : 00 cms

Width : 00 cms

Height : 00 cms

This versatile dual-purpose gym equipment combines a functional trainer and a Smith machine into one compact unit. The functional trainer includes adjustable pulleys that support dynamic, full-body workouts using natural movement patterns, while the Smith machine, without a counterbalance, offers a more authentic lifting experience by allowing users to handle the true weight of the barbell.

**COMING SOON**

FUNCTIONAL TRAINER / SMITH MACHINE (WITHOUT COUNTER BALANCED) (WITH LEG PRESS, T-BAR POINTER, T-BAR HANDLE)

DIMENSION:

Length : 00 cms

Width : 00 cms

Height : 00 cms

This multi-functional gym equipment combines the versatility of a functional trainer and the controlled movement of a Smith machine, without counterbalance for a more natural lifting experience. It includes a leg press attachment for lower body training, a T-bar pointer for precise landmine exercises, and a T-bar handle for enhanced grip and control.

FUNCTIONAL TRAINER / SMITH MACHINE (COUNTER BALANCED) (WITH LEG PRESS, T-BAR POINTER, T-BAR HANDLE)

DIMENSION:

Length : 00 cms

Width : 00 cms

Height : 00 cms

It combines the flexibility of a functional trainer with the safety and control of a counterbalanced Smith machine, allowing smooth barbell movements with reduced starting resistance. The integrated leg press attachment targets the lower body effectively, while the T-Bar Pointer and Handle enable powerful back exercises like T-bar rows.

**COMING SOON**



COMING SOON



FUNCTIONAL TRAINER / SMITH MACHINE

(DUAL SIDE OPERATIONAL) (COUNTER BALANCED)

DIMENSION:

Length : 00 cms
Width : 00 cms
Height : 00 cms

This all-in-one equipment combines a functional trainer and counter-balanced Smith machine, offering a full-body strength training solution. Its dual-side operational design allows two users to train at once or perform varied exercises, optimizing space and versatility. The counter-balanced bar ensures smoother, safer lifts for all fitness levels.

WRIST CURL

DIMENSION:

Length : 00 cms
Width : 00 cms
Height : 00 cms

The Wrist Curl is a specialized gym equipment that targets the forearm muscles, especially the wrist flexors. It features a padded support and a handle or lever bar to perform curling motions with added resistance. It is ideal for building grip strength, wrist stability, and forearm definition.

EVERISE[®]
FITNESS

IMPERIA

SERIES





LAT PULL

DIMENSION:

Length : 148.2 cms

Width : 148.9 cms

Height : 196.7 cms

The Lat Pull is designed to strengthen and sculpt your back, shoulders, and arms with precision. Featuring an adjustable seat and ergonomic handles, it allows for a full range of motion while targeting the latissimus dorsi muscles effectively. The smooth pulley system ensures consistent resistance for safe and controlled workouts, making it ideal for both beginners and advanced fitness enthusiasts.



CHEST PRESS

DIMENSION:

Length : 193.7 cms

Width : 137 cms

Height : 171 cms

The Chest Press is designed to target and strengthen the chest muscles in an isolated manner. With its inclined pressing angle, this machine places particular emphasis on the upper portion of the chest, allowing for balanced muscle development and addressing any strength imbalances.

SHOULDER PRESS

DIMENSION:

Length : 155.8 cms

Width : 181.1 cms

Height : 148.7 cms

The Shoulder Press machine is designed to isolate and strengthen the shoulder muscles effectively. With its angled handles, users can perform both unilateral and bilateral movements, providing versatility in their workout routine. This allows for targeted engagement of the shoulder muscles from various angles, promoting balanced muscle development and overall shoulder strength.

LOW ROW

DIMENSION:

Length : 176.1 cms

Width : 145.7 cms

Height : 165.2 cms

The Low Row machine is a strength training equipment designed to target the muscles of the back, particularly the latissimus dorsi, rhomboids, trapezius, and rear deltoids, while also engaging the biceps and forearms for a complete upper-body workout. By maintaining proper posture and pulling the handles toward the torso, users can improve back strength, enhance posture, and build muscle definition.



INCLINE CHEST PRESS

DIMENSION:

Length : 190 cms
Width : 152.3 cms
Height : 177.9 cms

The Incline Chest Press is a strength training exercise that primarily targets the upper portion of the pectoral muscles while also engaging the shoulders and triceps. This exercise is especially effective for developing balanced chest strength and improving overall upper body pushing power.



ROW

DIMENSION:

Length : 181.5 cms
Width : 150 cms
Height : 133.4 cms

A Row Machine is designed to strengthen the upper body by targeting the back, shoulders, and arms. It typically features a seated position with a chest pad or footplates for stability and a cable or lever system with adjustable resistance. It promotes better posture, improves pulling strength, and supports balanced muscle development.

LEG PRESS 45 DEGREE

DIMENSION:

Length : 222 cms

Width : 165 cms

Height : 135 cms

The 45-Degree Leg Press is a powerful lower-body strength training machine designed to target the quadriceps, hamstrings, glutes, and calves with controlled resistance. Built with a sturdy angled sled and an adjustable backrest, it allows users to perform pressing movements at a safe 45-degree angle, reducing strain on the lower back while maximizing leg muscle engagement.

LEG PRESS WITH ADVANCE MOTION

DIMENSION:

Length : 222 cms

Width : 165 cms

Height : 135 cms

Leg Press With Advance Motion is for accurate training. Carriage travels on linear bearing for friction free & smooth performance. Big non-skid high quality rubber Foot platform. Ergonomic adjustable seat protects lower back. Inbuilt plate holder allows easy loading & unloading of weight plates. A stopper minimizes risk while performing exercise.





HACK SQUAT

DIMENSION:

Length : 224 cms

Width : 163 cms

Height : 126 cms

Hack Squat is a powerful lower-body training machine that emphasizes quad development while also engaging the glutes and hamstrings. With a fixed track and angled design, it allows for deep, controlled squats without putting excessive pressure on the lower back. Ideal for building leg strength and size, it offers stability and safety, especially for those lifting heavy.

LEG PRESS / HACK SQUAT

DIMENSION:

Length : 225 cms

Width : 125 cms

Height : 125 cms

A versatile lower body training station designed to target the quadriceps, hamstrings, glutes, and calves effectively. This dual-function machine allows users to perform both leg press and hack squat exercises safely, with adjustable backrests and footplate positions to accommodate different body types.





REAR KICK

DIMENSION:

Length : 140.3 cms
Width : 104.5 cms
Height : 120 cms

This machine provides superior isolation of the glutes through the hip joint motion by eliminating any movement of the knee. A curvilinear path focuses on the glutes with contribution from hamstrings & quadriceps. The Everise Fitness Rear Kick machine provides a maximum weight of up to 165 lbs.



BICEP CURL

DIMENSION:

Length : 140.3 cms
Width : 104.5 cms
Height : 120 cms

The Bicep Curl Press is designed to isolate and strengthen your bicep muscles effectively. A flat arm pad provides a stable and comfortable surface during workouts, allowing users to align their elbows precisely on the pad, minimizing joint compression and ensuring safe movement.



TRICEP DIP

DIMENSION:

Length : 173.3 cms

Width : 158 cms

Height : 120.2 cms

Used for isolating and strengthening the triceps, this equipment allows users to perform a controlled dipping motion while seated or supported. With adjustable weight stacks and ergonomic handles, it ensures proper form and minimizes strain on the shoulders. It helps to build arm and chest strength effectively.



LEG EXTENSION

DIMENSION:

Length : 127 cms

Width : 169 cms

Height : 100.5 cms

Enhance your quad development with our Leg Extension Machine. This machine features independent weight horns, allowing users to isolate and target each leg separately. Its isolateral design ensures balanced muscle development and reduces strength imbalances between legs. With adjustable seat and backrest settings, users can customize their position for optimal biomechanical alignment.



SUPER SQUAT

DIMENSION:

Length : 185 cms

Width : 79 cms

Height : 119 cms

Experience unmatched strength gains with our Super Squat Machine. This machine offers a dynamic and efficient way to target the quadriceps, hamstrings, and glutes. Its heavy-duty frame and adjustable settings accommodate users of all sizes and fitness levels. With its smooth and controlled motion, users can safely push their limits and maximize muscle activation.



ABDOMINAL CRUNCH

DIMENSION:

Length : 162.3 cms

Width : 126.7 cms

Height : 164.2 cms

The Everise Fitness Abdominal Machine, meticulously crafted to mimic a floor crunch while effectively targeting the lower abdominal muscles. Engineered for optimal biomechanical alignment, this machine ensures correct body axis positioning for maximum effectiveness and safety. With a maximum weight capacity of up to 220 Kgs users can customize their workouts to suit their strength levels and fitness goals.



ISO LATERAL CHEST & BACK

DIMENSION:

Length : 215 cms

Width : 169 cms

Height : 203 cms

This unit is one of the few dual plate loaded machines which helps you target both your chest and back muscles making it an ideal solution for a fitness facility that has space constraints. A compact machine with an exceptional design enabling natural movements with real push/ pull exercises for the chest and back through its sturdy combination design.

GROUND T BAR

DIMENSION:

Length : 162.3 cms

Width : 126.7 cms

Height : 164.2 cms



COMING SOON

A versatile piece of strength training equipment, the Ground T-Bar allows users to perform powerful rowing movements that target the back, shoulders, and arms. It typically consists of a pivoting base where one end of a barbell is secured, enabling a wide range of pulling exercises when paired with a V-handle or other attachments.



INCLINE T-BAR

DIMENSION:

Length : 185 cms

Width : 79 cms

Height : 119 cms

Designed to target the upper back, lats, and rear delts, this equipment features an angled platform where users can perform heavy rows with a neutral grip. The inclined position helps reduce lower back strain while maintaining strict form, making it ideal for isolating upper body pulling muscles.



BISOLATERAL BICEP CURL (INDEPENDENT ARM MOVEMENT)

DIMENSION:

Length : 107 cms

Width : 173 cms

Height : 132 cms

The dual independent arms provide balanced and isolated bicep workouts. With a Floating pivot mechanism, the motion follows biomechanically correct pathways for optimal muscle engagement. The Everise Fitness Bisilateral Bicep Curl supports a maximum weight capacity of up to 90 Kgs per arm, ensuring a challenging and effective workout experience.

DUAL AXIS FLAT BENCH

DIMENSION:

Length : 198 cms

Width : 122 cms

Height : 137 cms

Designed for stability and versatility, this bench supports a wide range of strength training exercises, particularly those involving free weights like dumbbells or barbells. Its flat, cushioned surface promotes proper posture and form, while the dual-axis frame ensures enhanced support and durability during heavy lifts.

DUAL AXIS INCLINE BENCH

DIMENSION:

Length : 228 cms

Width : 122 cms

Height : 107 cms

Designed to target the upper chest, shoulders, and triceps, this bench features an adjustable incline and independent arm movement for a more natural range of motion. Its dual-axis design allows users to follow the body's natural movement path, enhancing muscle engagement and reducing joint stress.





DUAL AXIS DECLINE BENCH

DIMENSION:

Length : 234 cms

Width : 122 cms

Height : 91 cms

This bench features a decline angle that enhances muscle activation during pressing or abdominal exercises. Its dual-axis design allows for a more natural range of motion, reducing stress on joints while improving workout efficiency. The sturdy frame, adjustable leg support, and ergonomic padding provide comfort and stability during intense training sessions.

BOOTY MACHINE/ HIP THRUSTER

DIMENSION:

Length : 201 cms

Width : 163 cms

Height : 147 cms

Unlock your glute gains with our Hip Thrust Machine. Designed for optimal muscle activation, this machine provides a safe and effective way to target and strengthen the glutes. Its adjustable settings accommodate users of all fitness levels, while the padded support ensures comfort during workouts.





MAGIC RACK

DIMENSION:

Length : 231.5 cms

Width : 224.1 cms

Height : 239.1 cms

This is a very versatile and unique gym equipment designed to simplify weightlifting by allowing users to rack and unrack a barbell at multiple heights without needing a spotter. It features an adjustable support mechanism that moves with the barbell during lifts like squats or bench press, providing safety and convenience.



SMITH MACHINE (NO COUNTER BALANCE)

DIMENSION:

Length : 127 cms

Width : 218 cms

Height : 229 cms

A versatile strength training equipment, this version of the Smith Machine operates without a counterbalance system, meaning the barbell's full weight is felt during lifts. It features a guided barbell fixed within steel rails, allowing vertical movement only, which enhances safety and stability.



SMITH MACHINE

DIMENSION:

Length : 127 cms

Width : 218 cms

Height : 229 cms

The Smith Machine is a powerhouse of strength training, built to give you safety, control, and versatility in every workout. Its barbell glides smoothly on fixed rails, guiding your lifts with perfect balance and stability. With multiple racking points, you can lock the bar at any height, making it a safer choice even when training alone.



SMITH MACHINE WITH SQUAT RACK

DIMENSION:

Length : 165 cms

Width : 218 cms

Height : 234 cms

The Smith Machine with Squat Rack is designed to give you the best of both worlds – safety and freedom. With the guided motion of the Smith system, you can train with confidence and reduce the risk of injury, making it perfect for controlled squats, presses, and lifts. At the same time, the open squat rack option lets you go heavy with free weights for a natural lifting experience.



COMING SOON

SMITH MACHINE WITH X500

DIMENSION:

Length : 198 cms

Width : 122 cms

Height : 137 cms

This is a versatile strength-training equipment designed for safe and controlled weightlifting. The X500 model comes with enhanced safety catches, adjustable hooks, and a solid steel frame built to handle intense workouts. It's perfect for both beginners and advanced lifters aiming to build strength effectively.



SHRUGS HAMMER

DIMENSION:

Length : 178 cms

Width : 152 cms

Height : 107 cms

Designed to target and isolate the trapezius muscles, this machine allows users to perform powerful shrugging movements with added stability and control. The unique plate loaded features adjustable handles, enabling a variety of starting positions. Featuring a plate-loaded or selectorized resistance system, it provides a safer alternative to free-weight shrugs by minimizing strain on the lower back and ensuring consistent motion.



PENDULUM SQUAT

DIMENSION:

Length : 178 cms

Width : 152 cms

Height : 107 cms

The Pendulum Squat is a versatile and innovative piece of equipment engineered to target and strengthen the lower body effectively. With its unique pendulum motion, this machine provides a dynamic and challenging squatting experience, engaging muscles throughout the entire range of motion. Its adjustable settings and ergonomic design cater to users of all sizes and fitness levels, ensuring a customized workout experience.



POWER SQUAT

DIMENSION:

Length : 185 cms

Width : 79 cms

Height : 119 cms

The Power Squat Machine is a robust and user-friendly gym equipment designed to help you build strong and toned legs. It focuses on key lower-body muscles like the quadriceps, hamstrings, glutes, and calves, while keeping your back safe with its guided motion. With adjustable resistance, it suits beginners and advanced users alike, allowing for controlled and effective workouts.

FOREARM JUNGLE

(WRIST CURL, GORILLA GRIPPER, FOREARM ROTATION)

DIMENSION:

Length : 198 cms

Width : 122 cms

Height : 137 cms



This equipment is used for wrist curls, grip training, and rotational exercises. The wrist curl station isolates the forearm flexors, the gorilla gripper builds crushing grip strength, and the forearm rotation module improves wrist stability and mobility. Designed to target and strengthen the entire forearm complex, this compact yet versatile equipment combines three key moves.

BENCHES AND RACKS SERIES





OLYMPIC FLAT BENCH

DIMENSION:

Length : 174cm
Width : 170cm
Height : 125cm

The Olympic Flat Bench is a robust and versatile piece of gym equipment designed for effective chest, shoulder, and triceps workouts. Built with a heavy-duty steel frame, it provides maximum stability and durability for intense strength training sessions. Equipped with a wide, padded flat bench, it ensures user comfort and proper positioning during exercises.

OLYMPIC INCLINE BENCH

DIMENSION:

Length : 196cm
Width : 170cm
Height : 140cm

The Olympic Incline Bench is a sturdy and angled bench designed for upper chest workouts, primarily used for barbell incline presses. It features a fixed incline angle, an integrated barbell rack, and safety catchers to support heavy lifting. Ideal for strength training, it targets the upper pectoral muscles, shoulders, and triceps while offering stability and safety during lifts.





OLYMPIC DECLINE BENCH

DIMENSION:

Length : 210cm
Width : 170cm
Height : 125cm

The Olympic Decline Bench is a strength training bench designed for performing decline bench press exercises. It positions the user at a downward angle, targeting the lower portion of the chest muscles more effectively. Equipped with a sturdy frame, padded support, and an Olympic bar rack, it provides stability and safety for heavy lifting, making it ideal for both home gyms and commercial fitness centers.



SUPER OLYMPIC BENCH

DIMENSION:

Length : 00
Width : 00
Height : 000

The Super Olympic Bench is a heavy-duty strength training bench designed for serious weightlifting. It features a robust steel frame with a wide base for maximum stability, an adjustable backrest for incline, flat, or decline positions, and integrated barbell holders to support Olympic-size bars.

FLAT BENCH

DIMENSION:

Length : 00

Width : 00

Height : 00

It features a simple design that effectively targets the chest, shoulders, and arms while providing stability and support during workouts. It is commonly used for free weight exercises such as bench presses, dumbbell presses, tricep extensions, and other upper-body movements.

UTILITY BENCH

DIMENSION:

Length : 119.1cm

Width : 63cm

Height : 82.2cm

A Utility Bench is a versatile, flat or adjustable workout bench used to perform a wide range of strength training exercises. It provides stable support for exercises like dumbbell presses, shoulder presses, tricep dips, and core workouts. Compact and sturdy, it's a must-have for any home or commercial gym to enhance upper body training and overall workout effectiveness.



MULTI AB BENCH

DIMENSION:

Length : 175cm

Width : 76cm

Height : 86cm



This is a robust and versatile abdominal training machine designed for high-traffic gym environments. Built with a heavy-duty steel frame and high-density foam padding, this bench ensures both durability and comfort during intense core workouts. Its adjustable backrest and leg support allow users to target different angles of the abdominal muscles, enhancing the effectiveness of crunches, sit-ups, and other core exercises.

ADJUSTABLE BENCH PREMIUM

DIMENSION:

Length : 00

Width : 00

Height : 00



This is a high-performance, multi-angle bench designed for intense workouts in gyms and fitness centers. Built with commercial-grade steel and high-density foam padding, this bench offers unmatched durability, comfort, and stability during heavy lifts. The backrest and seat can be easily adjusted to multiple positions, allowing users to perform a wide range of exercises, including bench presses, dumbbell workouts, and core training.

ADJUSTABLE BENCH SL

DIMENSION:

Length : 00

Width : 00

Height : 00

With multiple incline, flat, and decline positions, it allows users to target various muscle groups effectively. Built with a strong steel frame and high-density padding, it ensures comfort and support during exercises like bench presses, dumbbell flyes, and core workouts. This one lies in the more affordable range.

PREACHER CURL

DIMENSION:

Length : 132cm

Width : 84cm

Height : 97cm

Preacher Curl is a gym equipment specifically designed for isolating the biceps during arm curls. It features an angled pad where you rest your upper arms, preventing you from using momentum and helping you focus the effort entirely on your biceps. This bench allows for strict form and controlled movement, making it ideal for building size and strength in the biceps.





HYPER EXTENSION DELUXE

DIMENSION:

Length : 168cm
Width : 107cm
Height : 127cm

Hyper Extension Deluxe is designed to strengthen the lower back, glutes, and core with comfort and safety. It features a unique spinal support design, dual adjustable thigh pad for proper positioning, and a large non-skid rubber foot platform for added stability, which makes it ideal for effective and secure workouts.



VERTICAL KNEE RAISE

DIMENSION:

Length : 127cm
Width : 71cm
Height : 160 cm

The Vertical Knee Raise is a compact and versatile gym station designed for core and upper body workouts. Its unique design allows you to perform three effective exercises, leg raises, dips, and push-ups, all in one unit. The angled back and arm pads provide added comfort and support during leg raises, ensuring proper form and reduced strain. Ideal for building abdominal strength, triceps, and chest muscles.

HALF RACK

DIMENSION:

Length : 139 cm
Width : 174.7 cm
Height : 244.2 cm



The Half Rack is a versatile strength training station designed for safe and effective weightlifting. Featuring sturdy uprights, adjustable J-hooks, and safety spotter arms, it allows users to perform exercises like squats, bench presses, overhead presses, and deadlifts with confidence. Its open design offers freedom of movement while still providing stability and security.

STANDING PREACHER

DIMENSION:

Length : 127cm
Width : 81cm
Height : 112cm



The Standing Preacher is a specialized bicep training equipment designed to isolate and build the arm muscles with strict form. Unlike traditional preacher benches where you sit, this version allows you to perform curls while standing, keeping your body upright and supported against angled pads.

STRETCH MACHINE

DIMENSION:

Length : 150 cm

Width : 79 cm

Height : 109 cm



The Stretch Machine is specially designed to enhance flexibility, mobility, and muscle relaxation with ease. Featuring a durable frame and comfortable padded seat, it provides safe support for a wide range of stretching exercises. Its adjustable design helps users target key muscle groups such as legs, hips, back, and shoulders, making stretching more effective and controlled.

GLUTE HAM DEVELOPER

DIMENSION:

Length : 193cm

Width : 91cm

Height : 112cm



This GHD is a specialized machine designed to strengthen the glutes, hamstrings, core, and lower back. It supports exercises like glute-ham raises, back extensions, and sit-ups, promoting powerful posterior chain development and improved posture. Its adjustable design ensures proper body alignment and training comfort for users of all sizes.



TWISTER

DIMENSION:

Length : 91 cm

Width : 74 cm

Height : 147 cm

The Twister is a compact gym machine designed to target and tone the oblique muscles. By rotating the lower body from side to side while keeping the upper body stable, it helps strengthen the core, improve waist flexibility, and enhance overall balance. It's ideal for shaping the waistline and adding variety to your abdominal workouts.

DOUBLE TWISTER

DIMENSION:

Length : 198cm

Width : 74cm

Height : 147cm

This is a compact core training machine that targets the obliques and abdominal muscles through controlled twisting movements. The Dual Twister allows the user to engage and strengthen their core while simultaneously stretching the back muscles, making it ideal for improving flexibility, balance, and overall core stability.





SISSY SQUAT

DIMENSION:

Length : 142 cm

Width : 102m

Height : 61 cm

The Sissy Squat machine is a compact yet highly stable piece of equipment designed to isolate and strengthen the quads. It helps users perform squats while keeping their lower legs perpendicular to the ground, promoting proper form and targeting the thighs effectively. Suitable for both experienced lifters and beginners, it's a great addition to any lower body workout routine.



SEATED CALF

DIMENSION:

Length : 147 cm

Width : 91 cm

Height : 99 cm

This machine is an effective way to isolate and train the calf muscles, especially the soleus. It features a durable release arm and convenient handle for ease of use. The plate load lever is angled for quick loading and unloading of weights, while the angled foot platform and adjustable thigh pad ensure a deep, targeted stretch during every rep.



DUMBBELL RACK 5 PAIR 2 LINE

DIMENSION:

Length : 76 cm
Width : 262 cm
Height : 81 cm

This heavy-duty rack holds 5 pairs of dumbbells across 2 tiers, offering a compact and organized storage solution. The half-round rubber saddles ensure safety and durability, protecting both the rack and dumbbells during placement. Ideal for keeping your workout space clean and efficient.



DUMBBELL RACK 5 PAIR 3 LINE

DIMENSION:

Length : 107cm
Width : 262cm
Height : 107cm

This heavy-duty rack holds up to 5 pairs of dumbbells across 3 lines, offering efficient storage in a compact design. Half-round rubber saddles ensure safety and protect both the rack and dumbbells, providing durability and secure placement after each use.

DUMBBELL RACK 6 PAIR 2 LINE

DIMENSION:

Length : 76 cm
Width : 262cm
Height : 81 cm

This 6-pair, 2-line dumbbell rack is a sturdy and space-efficient storage solution for any gym. Designed to hold up to 12 dumbbells, it features a strong steel frame with angled tiers for easy access and safe racking. Ideal for keeping your workout area organized and clutter-free.

DUMBBELL RACK 6 PAIR 3 LINE

DIMENSION:

Length : 00cm
Width : 00cm
Height : 00cm

This sturdy 3-line rack holds up to 6 pairs of dumbbells, offering an organized and space-efficient storage solution for any gym. Its compact design allows easy access to weights while keeping the workout area clean and safe. Built with durable materials to support heavy use and ensure long-lasting performance.

SQUAT RACK

DIMENSION:

Length : 173 cm

Width : 170 cm

Height : 180 cm

The squat rack is a strength training station designed for exercises like squats, bench presses, and overhead lifts. Its advanced design accommodates both lightweights and heavy lifters. The bar catch assembly is isolated from the weight-bearing shaft, which prevents binding under heavy loads.

PLATE RACK

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

A plate rack is a compact storage unit designed to keep weight plates organized, easily accessible, and off the floor. It helps maintain a clutter-free workout space while protecting plates from damage. Ideal for both home gyms and commercial setups, it ensures safe and efficient plate handling.





POWER RACK

DIMENSION:

Length : 163 cm
Width : 218 cm
Height : 229 cm

The versatile design offers to perform everything from bench press to squats. The free bar movement allow user to perform the exercise either inside /outside of the cage. Moreover, the power rack offer the multiple positioning of bars and catches are provided for safety.



COMING SOON

POWER RACK WITH J HOOKS & SAFETY ARMS

DIMENSION:

Length : 00cm
Width : 00cm
Height : 00cm

It is a strength training station ideal for squats, bench presses, and deadlifts. It offers maximum safety and stability with adjustable J hooks for secure bar placement and strong safety arms to catch the bar during failed lifts. Built for both beginners and serious lifters, it supports heavy loads while ensuring user safety during solo workouts.



COMING SOON

POWER RACK WITH PLATFORM

DIMENSION:

Length : 00 cm

Width : 00 cm

Height : 00 cm

It is a complete strength training station ideal for heavy lifts like squats, deadlifts, and bench presses. It features a built-in lifting platform that provides a stable, non-slip surface and protects the flooring. With adjustable safety bars and multiple rack positions, it ensures maximum safety, versatility, and support for serious lifters.

BUMPER PLATE RACK

DIMENSION:

Length : 174cm

Width : 46cm

Height : 41cm

The Bumper Plate Rack is a compact, mobile storage solution for organizing weight plates. It features a sturdy handle and fiberglass-reinforced wheels, allowing you to easily move it to any workout station. Ideal for large gyms with multiple workout zones, this rack keeps your space tidy and plates within reach.





HALF RACK WITH PLATFORM

DIMENSION:

Length : 345cm

Width : 264cm

Height : 239cm

The Half rack is a compact and heavy duty multipurpose unit that can be used for various free bar exercises such as squats, shoulder press, bench press etc. It also includes dual grip pull ups and storage for plates, bar and your lifting belt and bands. The platform insert provides a solid base for heavy compound movements.



TRIPLE STORAGE RACK

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

The triple storage rack is a compact, heavy-duty solution for organizing gym equipment. Designed with three tiers, it efficiently holds a variety of weights like dumbbells, kettlebells, and medicine balls. Its sturdy frame ensures durability, while the space-saving design keeps your workout area clean and accessible.



X 500

DIMENSION:

Length : 00 cm

Width : 00cm

Height : 00cm

The X 500 is a multifunctional all-in-one trainer designed for full-body workouts. It combines a power rack, functional trainer, Smith machine, chin-up station, and cable crossover in a single compact unit, ideal for both home and commercial gyms. Built for durability and versatility, the X 500 supports a wide range of strength and conditioning exercises in one sleek setup.

ROD STAND

DIMENSION:

Length : 56 cm

Width : 30 cm

Height : 25 cm

The Rod Stand is a durable gym storage solution designed to hold up to 10 rods securely. Built with a strong, heavy-duty base, it offers excellent stability and a low centre of gravity, preventing any risk of tipping. Ideal for keeping your workout area organized and safe.



WEIGHT LIFTING PLATFORM - 40MM

DIMENSION:

Length : 00 cm

Width : 00cm

Height : 00cm

This 40mm Weight Lifting Platform is built to absorb heavy impact, protecting both your floor and equipment during intense lifts. Its durable construction ensures stability, noise reduction, and a safe lifting environment, making it ideal for powerlifting and strength training setups.



DOMESITC BENCHES AND RACKS SERIES





COMING SOON

FLAT BENCH

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

The Flat Bench is a sturdy and compact workout bench designed for home use. Ideal for strength training exercises, it provides a stable platform for activities like bench press, dumbbell workouts, core exercises, and more. Its low-profile, flat-surface design helps maintain proper form and support during lifts, making it perfect for beginners and home fitness enthusiasts.

ADJUSTABLE BENCH WITH LEG SUPPORT

DIMENSION:

Length : 00 cm

Width : 00cm

Height : 00 cm

This is a very versatile workout bench designed for various strength training exercises. It features multiple incline and decline settings along with padded leg support, providing stability and comfort during workouts like presses, sit-ups, and curls. Perfect for both home and commercial gyms.



ADJUSTABLE BENCH WITHOUT LEG SUPPORT

DIMENSION:

Length : 00 cm
Width : 00 cm
Height : 00 cm

This versatile bench offers multiple backrest angles for flat, incline, and decline exercises, without fixed leg support, giving users greater freedom of movement. Perfect for dumbbell workouts, presses, and core training, it's ideal for both home and commercial gyms where space and flexibility matter.

MULTI BENCH

DIMENSION:

Length : 00 cm
Width : 00 cm
Height : 00 cm

The Multi Bench is a versatile and adjustable bench designed for a wide range of strength training exercises. With multiple incline, flat, and decline positions, it supports everything from chest presses to seated curls. Built for stability and comfort, it's an essential addition to any gym setup.



COMING SOON



MULTI BENCH LEG EXTENSION / LEG CURL

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

This versatile bench allows you to perform both leg extensions and leg curls, targeting your quads and hamstrings with one compact machine. Ideal for home gyms and commercial setups, it offers adjustable settings for customized positioning and comfortable, effective lower body training.



COMING SOON

MULTI BENCH LEG EXTENSION / LEG CURL / PREACHER

DIMENSION:

Length : 00 cm

Width : 00 cm

Height : 00 cm

This versatile multi-function bench combines leg extension, leg curl, and preacher in one compact design. It allows users to target quads, hamstrings, and biceps effectively. Ideal for home gyms or commercial setups as it offers adjustable settings for comfort and supports a full lower and upper body isolation workout.



SQUAT RACK (PLUS TYPE)

DIMENSION:

Length : 00cm
Width : 00 cm
Height : 00 cm

This is a heavy-duty, versatile station designed for strength training exercises like squats, bench presses, and overhead lifts. It offers enhanced stability, adjustable barbell hooks, and safety spotters, making it ideal for both beginners and advanced lifters. Perfect for home gyms and commercial setups.



COMING SOON

SQUAT RACK PRO (WITH J-HOOKS)

DIMENSION:

Length : 00cm
Width : 00cm
Height : 00cm

The Squat Rack Pro is a heavy-duty, stable rack designed for serious strength training. It comes equipped with adjustable J-Hooks to securely hold your barbell at various heights, making it ideal for squats, bench presses, and overhead lifts. Built for durability and safety, it's a must-have for any home or commercial gym.



DUMBBELL RACK 8 PAIR A-SHAPE

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

The Dumbbell Rack 8 Pair A-Shape is a sturdy and space-efficient storage solution designed for both commercial gyms and home fitness spaces. Its A-shaped design ensures stability while holding up to 8 pairs of dumbbells, keeping your workout area organized and safe. Built with high-quality steel and durable finishes, it resists wear and tear from daily use.



DUMBBELL RACK 6 PAIR A-SHAPE

DIMENSION:

Length : 00cm

Width : 00 cm

Height : 00 cm

This rack is a space-saving and sturdy storage solution designed to hold up to 6 pairs of dumbbells. Its vertical A-frame design allows easy access while keeping your workout area organized and safe. Ideal for both home gyms and commercial spaces.



DUMBBELL RACK 3 FEET 2 TIER

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

This 3-feet, 2-tier Dumbbell Rack offers a space-saving solution for neatly storing dumbbells of various sizes. Its compact design fits well in home or commercial gyms, while the two-tier structure allows easy access and organization. Built with durability in mind, it keeps your workout area safe and clutter-free.



COMING SOON

DUMBBELL RACK 10 PAIR A-SHAPE

DIMENSION:

Length : 00cm

Width : 00 cm

Height : 00 cm

This 10 Pair A-Shape Dumbbell Rack is a space-efficient storage unit designed to hold up to 10 pairs of dumbbells. Its sturdy A-frame design provides stability and easy access, making it perfect for home gyms or commercial setups looking to save floor space while keeping dumbbells organized and secure.

DUMBBELL RACK 3 FEET 3 TIER

DIMENSION:

Length : 00cm
Width : 00 cm
Height : 00 cm

Built for efficiency and durability, this 3 feet, 3 tier Dumbbell Rack offers a sleek way to store your dumbbells. Its multi-level design provides easy access while saving floor space, making it perfect for both compact home gyms and busy commercial environments.

DUMBBELL RACK 4 FEET 2 TIER

DIMENSION:

Length : 00cm
Width : 00cm
Height : 00cm

The 4 Feet 2 Tier Dumbbell Rack is a space-saving solution designed to hold a range of dumbbells securely. With two wide tiers, it provides easy access and organized storage, making it perfect for both home and commercial gyms. Built with a sturdy frame for durability and stability.



DUMBBELL RACK 4 FEET 3 TIER

DIMENSION:

Length : 00cm
Width : 00 cm
Height : 00 cm

This 4 Feet 3 tier Dumbbell Rack is a space-efficient storage solution designed to hold multiple pairs of dumbbells. Its sturdy, 3 tier design provides easy access and organized placement, making it perfect for both home gyms and commercial setups. Durable and compact, it keeps your workout area neat and safe.



COMING SOON

PLATE RACK FOR 28 MM PLATES

DIMENSION:

Length : 00cm
Width : 00 cm
Height : 00 cm

This plate rack is designed to hold standard 28 mm weight plates securely and neatly. Its vertical posts allow easy loading and unloading, keeping your gym space organized. Ideal for home gyms or compact workout areas, it offers a stable and accessible storage solution for smaller-diameter plates.



COMING SOON

VERTICAL KNEE RAISE

DIMENSION:

Length : 00cm
Width : 00 cm
Height : 00 cm

The Vertical Knee Raise is a versatile bodyweight station designed to target your core, especially the lower abs. It features padded armrests and back support for stability while performing knee raises, leg raises, and dips. Ideal for strengthening the abs, obliques, and triceps using your own body weight.



COMING SOON

POWER TOWER

DIMENSION:

Length : 00cm
Width : 00cm
Height : 00cm

Power Tower is a versatile piece of gym equipment designed for bodyweight exercises like pull-ups, dips, knee raises, and push-ups. It helps build upper body and core strength using multiple workout stations in one compact unit, making it ideal for home and commercial gyms.



COMING SOON



PREACHER CURL

DIMENSION:

Length : 00cm

Width : 00 cm

Height : 00 cm

This is a compact and efficient strength training machine designed for home use, specifically targeting the biceps. It features a comfortable angled arm pad that provides support and isolates the bicep muscles during curls, ensuring controlled movement and reducing the risk of strain on the shoulders or back. The domestic variant is built with a sturdy yet lightweight frame, ideal for personal gyms where space and convenience matter.

UTILITY BENCH

DIMENSION:

Length : 00cm

Width : 00cm

Height : 00cm

The Utility Bench is a versatile and compact workout bench designed for home gym setups. Ideal for a variety of strength training exercises, it features a sturdy steel frame with high-density foam padding to ensure both comfort and support during workouts. Whether you're doing dumbbell presses, seated curls, or core exercises, this bench provides a stable platform.

UNIQUE ITEMS (GOLD MASTER) SERIES

**COMING SOON**

GOLD MASTER CAGE

(WITHOUT COUNTER BALANCED SMITH)

Length : 00cm
Width : 00cm
Height : 00cm

The Gold Master Cage is a premium, all-in-one strength training station designed for serious fitness enthusiasts and home gym setups. Built with a heavy-duty steel frame, this cage provides unmatched stability and safety for various free-weight exercises. This version comes without a counterbalanced Smith machine, giving users the freedom to train with traditional free weights for a more natural and versatile workout experience.

**COMING SOON**

GOLD MASTER CAGE

(COUNTER BALANCED SMITH)

Length : 00cm
Width : 00cm
Height : 00cm

The Gold Master Cage (Counter Balanced Smith) is a versatile and robust strength training machine designed for safe, guided weightlifting. Featuring a counterbalanced Smith bar, it reduces the starting resistance, making it ideal for beginners while still challenging advanced users.

**COMING SOON**

FUNCTIONAL TRAINER+SMITH +SQUAT (X 500)

(WITHOUT COUNTER BALANCED SMITH)

Length : 00cm

Width : 00cm

Height : 00cm

The X-500 is an all-in-one strength training system combining a functional trainer, smith machine (non-counterbalanced), and squat rack. Ideal for full-body workouts, it features dual adjustable pulleys, heavy-duty guide rods, and integrated barbell support for versatile movements like squats, presses, and cable exercises, all in a compact footprint. Perfect for home gyms or commercial setups seeking maximum utility in one machine.

**COMING SOON**

FUNCTIONAL TRAINER+SMITH +SQUAT (X 500)

(COUNTER BALANCED SMITH)

Length : 00cm

Width : 00cm

Height : 00cm

The X-500 is a versatile all-in-one gym machine combining a Functional Trainer, Counter-Balanced Smith Machine, and Squat Rack. Ideal for full-body strength training, it allows smooth cable exercises, guided barbell movements, and free-weight squats all in one compact setup. Built for durability, it suits both home and commercial gyms.



COMING SOON

GOLD MASTER BENCH

(WITHOUT 3 ATTACHMENT: LEG EXTN/CURL, PREACHER CURL, LEG LOCK)

Length : 00cm

Width : 00cm

Height : 00cm

The Gold Master Bench is a versatile all-in-one workout station featuring 3 key attachments: Leg Extension/Curl for lower body training, Preacher Curl Pad for isolated arm workouts, and a Leg Lock for secure sit-ups and decline exercises. Ideal for full-body strength training in compact home or gym setups.