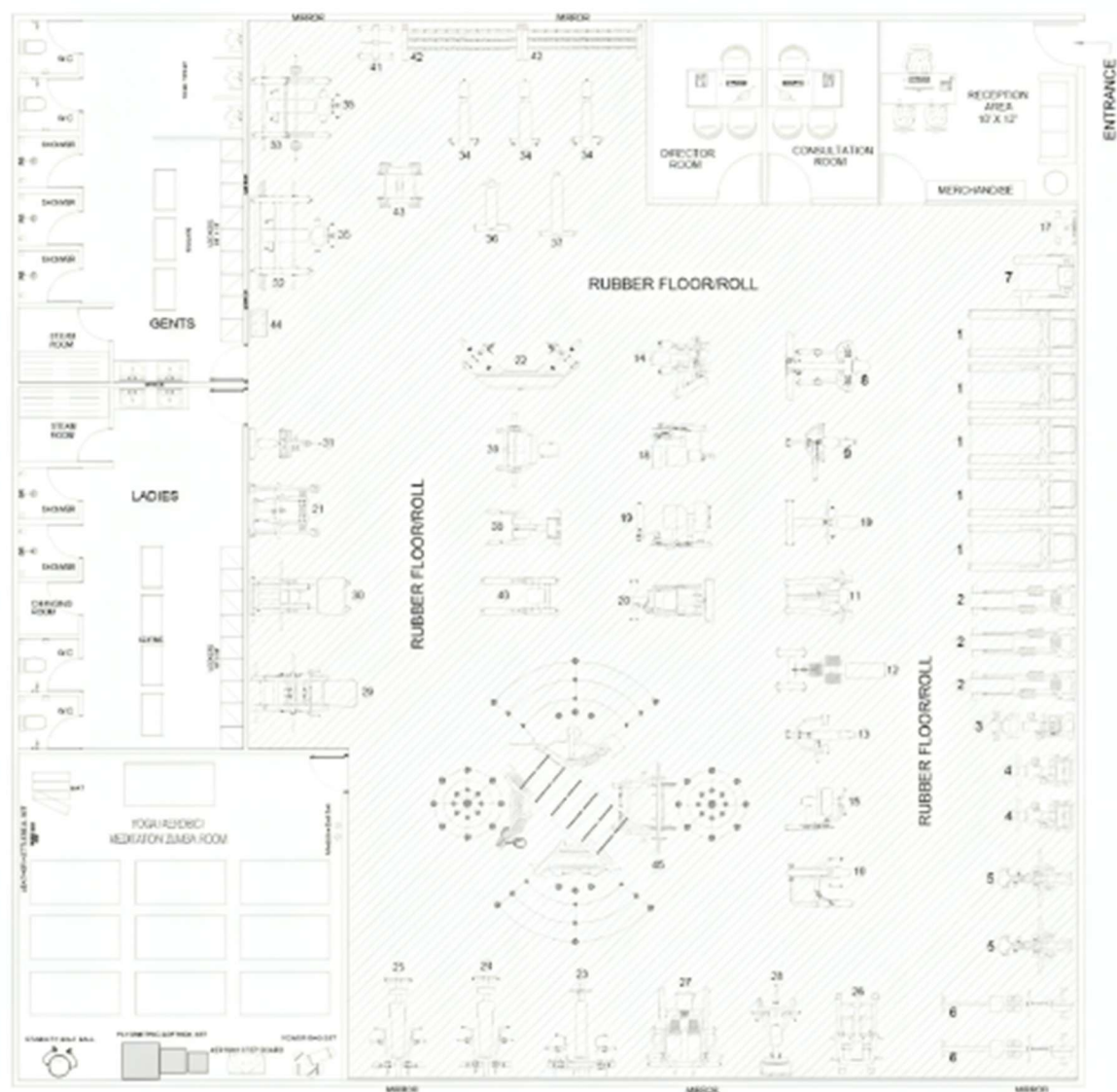




EVERISE FITNESS GYM FLOOR DESIGN

5000 SQFT

EVERISE[®]
FITNESS



DESCRIPTION:

CARDIO

SR. NO.	MACHINE NAME	QTY
1	TREADMILL	5 NOS
2	ELLIPTICAL	3 NOS
3	RECURRENT BIKE	1 NO.
4	UPRIGHT BIKE	2 NOS
5	AIRBIKE	2 NOS
6	AIRROWER	2 NOS
7	MY MOUNTAIN	1 NO.

STRENGTH

SR. NO.	MACHINE NAME	QTY
8	PEC FLY/REAR DELT	INO
9	VERTICAL CHEST PRESS	INO
10	LAT PULL DOWN WITH DUAL PULLEY	INO
11	ASSISTED DIP CHIN	INO
12	LONG PULL ROW	INO
13	OVERHEAD PRESS	INO
14	LATERAL RAISE	INO
15	BICEP CURL	INO
16	SEATED TRICEP EXP	INO
17	WRIST CURL	INO
18	LEG EXTENSION	INO
19	PRONE LEG CURL	INO
20	ADDUCTOR/ABDUCTOR COMBO	INO
21	STANDING CALF	INO
22	MULTI FUNCTIONAL STATION	INO
23	DUAL AXIS FLAT BENCH	INO
24	DUAL AXIS DECLINE BENCH	INO
25	DUAL AXIS INCLINE BENCH	INO
26	REVERSE FRONT LAT PULL DOWN	INO
27	BIO LATERAL ROW	INO
28	INCLINE T-BAR	INO
29	45° LUG PRESS	INO
30	POWER SQUAT	INO
31	SEATED CALF	INO
32	SMITH MACHINE COUNTER BALANCED	INO
33	HALF RACK	INO
34	SUPER BENCH	3 NOS
35	DELUXE SUPER BENCH	2 NOS
36	UTILITY BENCH	INO
37	WORK BENCH	INO
38	BACK EXTENSION	INO
39	PREGACHER CURL BENCH	INO
40	VERTICAL KNEE UP	INO
41	VERTICAL PLATE TREE	INO
42	DUMBBELL RACK TRAIN TIER	2 NOS
43	BARBELL RACK	INO
44	DEATHWELL RACK	INO

JX-FIT

SR. NO.	MACHINE NAME	QTY
45	SHAP O	INO

BRAND: **EVERISE FITNESS**

COMPANY NAME:-

EVERISE FITNESS

TITLE:-

GYM LAYOUT

CLIENT NAME:

GYM NAME:

LOCATION:

AREA: 5000 SQ FT

DRN BY:

REV DWG NO: 00

NORTH

SIGN

DRN BY:-

DATE:-

CHK BY:-

DATE:-

